

# Youth Voice survey and focus groups – conducted by PricewaterhouseCoopers Indigenous Consulting for the Department of Health

## Youth Voice survey

### Survey Questions

#### Demographic Section

1. Do you live in a town or city or in a remote community?
2. How old are you?
3. Are you male, female, transgender or other (intersex, gender neutral)?
4. Do you identify as Aboriginal and/or Torres Strait Islander?
5. Is English your first language?

#### Likert scale questions on health and wellbeing issues

Please rate the degree to which you agree or disagree with the following statements.

1. "Being happy and healthy is important to me"
2. "My health and happiness is connected to my family and their health and happiness"
3. "My health and happiness is connected to my community and their health and happiness"
4. "My health and happiness is connected to my culture"
5. "My family and community need more help to get healthy"
6. "Going to school and/or going to work is good for my health and happiness"
7. "Being at home with my family is good for my health and happiness"
8. "Some of my family and friends have had trouble with mental health issues"
9. "I feel comfortable using services to get help with my health problems"
10. "I don't like getting help because I don't feel comfortable talking to people about my health and how I'm feeling"
11. "I know where to get the right type of help"
12. "I can get help from health services that are close to my home"
13. "I can get help from health services that are free"
14. "I like getting help from health services where I know someone that works there"
15. "I use the internet to get information about my health"

#### Free text questions

1. "What are some examples of things that make you feel happy and healthy?"
2. "What would help you to take better care of your health and happiness?"
3. "What is one message you would share with others about health and happiness if you could?"

## **Youth Voice Focus groups**

### **Questions asked**

#### **Vision of outcomes**

1. Can you share with us what healthy living means to you?
2. What are some examples of things that you or your friends and family do that make you feel healthy, safe and happy?
3. What are some examples of things you or your friends and family do that are bad for health and happiness?

#### **Context and environment**

4. Do you see health problems in your family and community? Who do they affect? How does that make you feel?
5. How is your family, community and culture connected to your health and happiness?
6. Does going to school make you healthy and happy? Can you share an example?
7. What are some of the things you do at home to stay happy and healthy?
8. Does having a job make you feel happy and healthy? Can you share an example?
9. Do you know the difference between mental and physical health? What are some examples of things that are good or bad for your mental health and happiness?

#### **Challenges and opportunities**

10. What are the things that really worry you about your health or the health of your friends and family?
11. What are some of the things that help people in your community to lead happy and healthy lives? What are some of the things that stop them?
12. What do you think would make a difference in improving the health of yourself and others in your family and community?

#### **Use of services**

13. Where can you go to get help? What services do you feel most comfortable and safe using?
14. Do you use services differently for your physical and mental health?
15. Why do you choose the services that you get help from?
16. Do you feel confident that if you need help you can get it?
17. What are things that stop you from seeking help? Do you have an example that you can share with us of when you needed to get help but couldn't?

#### **Future needs**

18. What is one message you would share with others about health if you could?