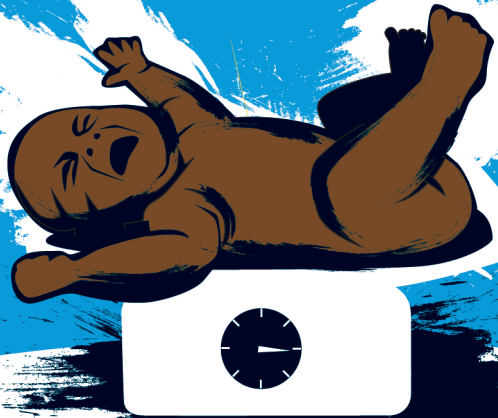


A baby with foetal alcohol spectrum disorder may look different. It may be small and weigh less than other babies.



Older babies, toddlers and children born with foetal alcohol spectrum disorder may have:

- behaviour problems
- find it hard to learn
- be unhappy
- need routine.

Talk to these people about what is best for your baby:

- your doctor
- your local health clinic.



Or, if you are worried and just want to chat contact CatholicCare NT.

We'll listen and give you tips and support to help you get through.

For more information phone: (08) 8944 2000
or go to www.catholiccarent.org.au

CatholicCare NT



ABOUT FOETAL ALCOHOL SPECTRUM DISORDER (FASD)

**Taking care
of baby
while it is
growing in
your tummy.**



CatholicCare NT



When I am pregnant my baby is growing inside me.



Say NO to drinking alcohol and YES to having a happy healthy baby.



If I drink alcohol while I'm pregnant my baby drinks alcohol too.

Drinking alcohol while my baby is growing in my tummy will hurt my baby's brain.



I want my baby to be healthy.