Emotional and Social Wellbeing

NPYWC delivers two projects aimed at improving the health and wellbeing of Anangu, the Emotional and Social Wellbeing Project (ESWB) first funded by the Office of Aboriginal and Torres Strait Islander Health (OATSIH) in 1997 and the Ngankyari Project funded by the South Australian Government since 1999.

The ESWB staff work to:

- assist women and their families with emotional and social well-being issues, and where appropriate, to promote and support traditional healing methods.
- Identify broader issues from casework and raise these with relevant service providers and Government Departments.
- Link with NPYWC services and other organisations to co-ordinate and improve services to people with emotional and social well-being needs and mental health problems.

In 2006 this project received an additional National Suicide Prevention Community Based Grant to increase mutual understanding about mental health beliefs for both Anangu and non-indigenous workers. Project staff are currently working with Youth Workers across the region, and also engaging communities to educate about suicide and to promote preventative measures.

This project has not yet been re-funded for the 2010-2011 year.