# Central Australian Aboriginal Congress

## Mechanisms

**Social Justice and Social View of Health**

- Accessible, locally delivered
- Community driven (Community controlled)
- Mix of prevention, promotion, treatment, and rehabilitation
- Multi-disciplinary teamwork (inc. AHWs)
- Intersectoral and interagency collaboration
- Cultural respect
- Promote economic paradigm consistent with public health

## Activities

**Person- and Family- Centred Care, Community Development, Social and Preventive Programs**

| | |
|---|---|
| Service Governance & Leadership | Planning, monitoring, management, administration, Health development, Capacity building for remote health, Continuous Quality Improvement |
| Health Prof. Education & Training | AHW training, registrar program, supporting medical, social work, psyc, midwifery, nurse, AHW students, supporting junior and OS doctors, encourage local doctors |
| Advocacy & Intersectoral Action | Support development of ACC PHCs<br>Improve models of ACC PHCs<br>Intersectoral committees eg AS Trans. Plan, PAAC, early childhood |
| Clinical Services & Programs | GP, pharmacy, chronic disease, hearing, children's programs, frail aged &disabled, dental, specialists, immunisation, health checks, sexual health, allied health, preschool program |
| Women's Health (Alukura) | Antenatal care, birthing, sexual health, ANFP program, specialist clinic, dispensary, health checks, cultural program, YWCHEP |
| Men's Health (Ingkintja) | health checks, drop in centre, violence, sexual health, Men's shed, hygiene, cultural program, Nungkaris |
| Social Emotional Wellbeing | Therapy, youth outreach & drop in, Safe and Sober, targeted family support, FWBP, suicide prevention, community development, advocacy |
| Adol. Health | Headspace, youth advisory group, GP, psyc services, community development |
| Remote Health | Remote health services (direct and auspiced) inc. podiatrist, diabetic nurse, nutritionist, GPs, nurses, AHWs |
| Child care | Long daycare |

Individuals

Family

Community

## Outputs: Service Qualities

Skilled, satisfied workforce

Services that are:

- Encouraging of individual and community empowerment and dignity
- Responsive to community needs
- Holistic
- Efficient and Effective
- Used by those most in need
- Culturally respectful
- Compassionate

Contributes to achievement of

## Medium-Term Outcomes

***Health For All***

- Community participation
  Build capacity of remote PHCs
- Local community health prof.s
  Stable, skilled workforce
- Achieve change in SDH
  Strengthen ACC PHC field

- Reduce rates of disease and disability
  Reduce progress and impact of disease and disability
  People feel cared for
- Increase child and maternal health
  Increase and promote women's health
  Increase rate of healthy weight babies
- Reduce rates of STIs
  Reduce rates of violence
  Increase men's health and wellbeing
- Increase social and emotional wellbeing in community
  Reduce rates of suicide
- Increase health, wellbeing of Aboriginal and non-aboriginal adolescents
- Improve health, wellbeing, access to health care in remote NT
- Improve outcomes for children

## Long-term Outcomes

Sustainable CPHC oriented health system

- Full Aboriginal employment at Congress
- Achieve Aboriginal community controlled PHCs in all communities

Improving health and wellbeing of individuals and communities

- Improving quality of life in our community
- Increasing dignity in the community (through true holistic service that encompasses social, emotional, self-worth, empowerment)
- Reducing avoidable premature mortality

Increasing equity in health, housing, income, employment, and tertiary qualifications

## Context

### Inputs / Resources

Staff, FTE, Funding

Catchment Area + Remote

### Community context

- Community's needs, values, and cultural practices
- Chronic disease epidemic
- Resources available for health in community
- Educational disadvantage (inc. for employing staff)

### Organisational Operating Environment

- Physical work environment, infrastructure
- Complexity of interaction between Indigenous knowledge & culture and Western styles of professional practice in the context of 21st Century life

### Socio-political context

- Political environment
- Close the Gap
- Northern Territory Emergency Response