

**From:** Brian Charlton  
**Sent:** Wednesday, 28 September 2011 3:23 PM  
**To:** Select Committee Youth Suicides  
**Subject:** Youth Suicide Inquiry - Submissions  
Suicide is a risk.

We can improve how well we manage our risks by  
improving how well we measure how well we manage.

Explanation

Life is a risk management system, but some manage  
our risks better than others. Skills are contagious.

Measurement is easier than management.

May I suggest a trial of my Life Engineering system.

This has been presented to two Suicide Prevention Aust  
conferences and enjoyed a little success when given  
to inmates at Tamworth NSW Corrective Services.

It teaches motivation, health and self-respect.

Sincerely

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