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To: [LA VAD](#)
Subject: Voluntary Assisted Dyeing in the NT.
Date: Wednesday, 27 August 2025 3:56:10 PM

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Please accept my submission supporting the right for Territorians to have the option to voluntarily end their pain and suffering when they are terminally ill.

Through the years 2018 - 2000 our family watched my father slowly physically and mentally deteriorate to a stage that strong pain medication did little to ease his suffering from terminal cancer.

I am not sure, if it was available at the time, whether or not he would have ended his life early, but that option was not available to him.

Recently I saw my eldest brother go the same way as my father. Slowly and painfully. You just feel so helpless knowing you can do little to help them.

Sitting beside them and listening to their laboured breathing, not knowing whether or not they will take another, is terrible.

I just hope that when my time comes along that the option of voluntary assisted dyeing is there for me and my family and I don't have to leave the Territory to receive it.

Yours sincerely
Stephen Ashford

