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**To:** [LA VAD](#)  
**Subject:** VAD  
**Date:** Wednesday, 6 August 2025 6:32:20 PM

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To whom it may concern,

I am writing in support of Voluntary Assisted Dying legislation. After witnessing close family members and friends suffer through their final days—often in pain, fear, and without quality of life—I strongly believe that individuals facing such torture should have the right to choose a peaceful and dignified death.

It is incredibly difficult to watch someone you love reduced to a shell of themselves, kept alive only by human intervention, be it machines or medication, with no hope of recovery. In many cases, death is not prevented—only prolonged. I do not believe that forcing someone to endure prolonged suffering in a state they would never have chosen for themselves, honours their life in any form whatsoever. In fact, it does the opposite!

VAD offers a compassionate and humane option for those who are suffering, in an imaginable way—literally dying. It allows them to maintain autonomy, dignity, and control at the most vulnerable time of their lives. This is not about giving up; it is about offering choice, comfort, and a measure of peace in the face of inevitable death.

I urge lawmakers and decision-makers to listen to the voices of those who have experienced these painful goodbyes firsthand, and to support legislation that allows individuals to choose how and when they die when facing such heartbreaking circumstances.

Sincerely,

Nikki Cannon  
